



# Heart Solutions

## Newsletter

written by Esther Hart

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Issue # 1

Last October, as part of my commitment to *Creating Heaven on Earth*, I decided that I would write a newsletter. A newsletter, of course, would have to have a name.

When I thought about the purpose of this newsletter, I realized that my intention was to share, from my heart, solutions that I have experienced in my life as well as ideas that I have gleaned from others who have shared from their hearts.

When I think about my own process of transformation it is very clear to me that for many years I acquired a great deal of knowledge and witnessed some changes in my life but it wasn't until I went through a major catharsis and connected my mind with my heart that my life took on new meaning.

I once read about Chief Dan George saying that when we speak with our mind, the mind hears and the mind forgets but when we speak with our heart, the heart hears and the heart remembers.

In 1994 I changed my last name from Hanson to Hart and named my business Hart Solutions. When I tried to register Hart Solutions the name was declined because there was a computer company listed starting with the name of Hart. No matter how much I argued that I was not going to compete with a computer company, they would not bend. Then I asked about using Heart Solutions and they said no problem. I immediately knew that this was the name the angels wanted me to use.

Now, many years later, when searching for a name for my newsletter and thinking of the purpose of the newsletter, I could think of nothing better than *Heart Solutions*.

Future issues will include topics like "Spirituality and Religion", "What's Love Got To Do With Business?", "Should I Look for the Child I Gave Up for Adoption?", "When Divorce is a Gift", "What is My Purpose and How Do I Find It?", "Is It Possible to Create Heaven on Earth?".

I don't have a time frame for these newsletters but will write them as I am led. If you have a question you would like me to address in a subsequent newsletter, please send me an email at [newsletter@estherhart.com](mailto:newsletter@estherhart.com).

If you have a personal question for me and would like to hire me as your freedom coach, please email me at [freedomcoach@estherhart.com](mailto:freedomcoach@estherhart.com).

If you appreciate my insights please forward this newsletter to your friends and encourage them to send me their email address to add to my list.

Next Issue – Hitting the Brick Wall

For more information about Esther Hart, her speaking and *Journey to Personal Freedom* visit <http://www.estherhart.com>.